## Summer Football Athletic Activities

**Office of Compliance Services - University at Albany**

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<td>Incoming PSA who has – signed NLI or signed financial aid agreement or submitted deposit in response to admission</td>
<td>Enrollment in summer school is <strong>not</strong> required.</td>
<td>-Conditioning and weight training activities permitted. -PSA may receive workout apparel (on an issuance &amp; retrieval basis). -Workouts must be conducted by a strength &amp; conditioning coach. A countable coach may only conduct the workout if he is a certified strength and conditioning coach. -Coaches may not observe voluntary conditioning activities.</td>
<td>-Nine consecutive weeks. -One week must be designated as SA discretionary time. -Eight hours of weight training and conditioning activities per week.</td>
<td>Enrollment in summer school is required, and required activities permitted only during the summer term(s) when PSA is enrolled.</td>
<td>-Conditioning, weight training and film review. -Coaches may observe and conduct the activities provided only football student-athletes participating in the 8 hours per week of required summer athletic activities are present.</td>
<td>-Eight weeks which must coincide with the 8 weeks designated for voluntary conditioning. -Limit of 8 hours of weight-training, conditioning and review of practice and game film per week (with not more than two hours per week spent on film review).</td>
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<td>Incoming four-year transfer who has - Signed financial aid agreement or submitted deposit in response to admission</td>
<td>Enrollment in summer school is <strong>not</strong> required.</td>
<td>-Conditioning and weight training activities permitted. - PSA may receive workout apparel (on an issuance and retrieval basis). -Workouts must be conducted by a strength and conditioning coach. A countable coach may only conduct the workout if he is a certified strength and conditioning coach. -Coaches may not observe voluntary conditioning activities.</td>
<td>-Nine consecutive weeks. -One week must be designated as SA discretionary time. -Eight hours of weight training and conditioning activities per week.</td>
<td>Enrollment in summer school is required, and required activities permitted only during the summer term(s) when the PSA is enrolled. Note: The exception to summer school enrollment does not apply to a transfer student-athlete until he has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution.</td>
<td>-Conditioning, weight training and film review. -Coaches may observe and conduct the activities provided only football student-athletes participating in the 8 hours per week of required summer athletic activities are present.</td>
<td>-Eight weeks which must coincide with the 8 weeks designated for voluntary conditioning. -Limit of 8 hours of weight-training, conditioning and review of practice and game film per week (with not more than two hours per week spent on film review).</td>
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| Continuing SA – scholarship or walk-on. | Enrollment in summer school is not required. | - Conditioning and weight training activities permitted.  
- PSA may receive workout apparel (on an issuance and retrieval basis).  
- Workouts must be conducted by a strength and conditioning coach.  
- A countable coach may only conduct the workout if he is a certified strength and conditioning coach.  
- Coaches may not observe voluntary conditioning activities. | - Nine consecutive weeks.  
- One week must be designated as SA discretionary time.  
- Eight hours of weight training and conditioning activities per week. | - Enrollment in summer school is required, and required activities permitted only during the summer term(s) when the SA is enrolled, unless the SA meets the Academic Requirements Exception which is based on the applicable number of full-time terms of enrollment.  
- Between summer terms, only student-athletes who met the Exception may engage in required summer athletic activities.  
- It is not permissible to provide room and board to SAs that are not enrolled in summer school.  
- It is not permissible to provide training table meals or entertainment to SAs participating in required summer activities. References: Bylaws 17.1.6.2.1.5.3 and 17.1.6.2.1.5.3.1 | - Conditioning, weight training and film review.  
- Coaches may observe and conduct the activities provided only football student-athletes participating in the 8 hours per week of required summer athletic activities are present. | - Eight weeks which must coincide with the 8 weeks designated for voluntary conditioning.  
- Limit of 8 hours of weight-training, conditioning and review of practice and game film per week (with not more than two hours per week spent on film review). |
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NCAA REFERENCES

Bylaw: 17.1.6.2.1.5.3 - Exception to Summer School Enrollment -- Academic Requirements -- Basketball and Football.

In basketball and football, a student-athlete may participate in required summer athletic activities for up to eight weeks (pursuant to Bylaw 17.1.6.2.1.5.1 or Bylaw 17.1.6.2.1.5.2, respectively) without being enrolled in summer school, provided the student-athlete has achieved a cumulative minimum grade-point average of 2.200 (based on a maximum 4.000 and as computed pursuant to institutional policies applicable to all students) and has successfully completed the following academic requirements based on the applicable number of full-time terms of enrollment: (Adopted: 1/14/12, Revised: 1/19/13, 10/30/13)

(a) After two semesters or three quarters: 30 semester hours or 45 quarter hours;
(b) After four quarters: 60 quarter hours;
(c) After three semesters or five quarters: 45 semester hours or 75 quarter hours;
(d) After four semesters or six quarters: 50 percent of the course requirements in the student-athlete's specific degree program;
(e) After seven quarters: 58.33 percent of the course requirements in the student-athlete's specific degree program;
(f) After five semesters: 62.5 percent of the course requirements in the student-athlete's specific degree program;
(g) After eight quarters: 66.67 percent of the course requirements in the student-athlete's specific degree program;
(h) After six semesters or nine quarters: 75 percent of the course requirements in the student-athlete's specific degree program;
(i) After 10 quarters: 83.33 percent of the course requirements in the student-athlete's specific degree program;
(j) After seven semesters: 87.5 percent of the course requirements in the student-athlete's specific degree program;
(k) After 11 quarters: 91.67 percent of the course requirements in the student-athlete's specific degree program; or
(l) After eight semesters or 12 quarters: completion of the student-athlete's specific baccalaureate degree requirements (no minimum grade-point average required).

Bylaw: 17.1.6.2.1.5.3.1 - Application to Transfer Student-Athletes.

The exception to summer school enrollment does not apply to a transfer student-athlete until he or she has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution. (Adopted: 1/14/12, Revised: 1/19/13, 10/30/13)