



NCAA Division I Coaches Recruiting Guide for Men/Women **SWIMMING & DIVING**:

	Age	Frequency	Transfers from a 4-Year Institution
Questionnaires, Camp Info., NCAA Materials & Nonathletic Publications	May send to a PSA of any age.	UNLIMITED	*ANYTIME
 Recruiting Materials (hard letters/snail mail)	No earlier than September 1 of junior year	UNLIMITED <small>Restricted only by size of letter (8.5" x 11" when opened in full)</small>	*ANYTIME
 Electronic Correspondence (email/texting/faxes)	No earlier than September 1 of junior year	UNLIMITED <small>Must be private between sender and recipient (NO public posts)</small>	*ANYTIME
 Telephone Calls	No earlier than July 1 following junior year	UNLIMITED	*ANYTIME
 Off-Campus (In-Person) Contacts	No earlier than July 1 following junior year	No more than 3 per PSA <i>See limit below</i>	*ONLY AFTER October 15 following PSA's completion of High School, may coaches make 3 additional off-campus contacts
 Official Visits	No earlier than opening day of classes of PSA's senior year	Only 1 official visit is permitted per PSA, regardless if multi-sport athlete	*ONLY AFTER October 15 following PSA's completion of High School, the PSA may receive an additional official visit if taken one already.
 Evaluation & Contact Limits	<p align="center"><u>Max. of 7 Recruiting Opportunities per PSA, per year.</u></p> <p>Recruiting opportunities are contacts & evaluations combined per PSA, per year (<i>Aug 1 - July 31</i>). Evaluations taking place from June 1 through August 31 do not count against this limit. Off-campus, in-person contacts count against this limit, regardless of time of year. An evaluation that takes place the same day as a permissible contact, counts as only a contact.</p>		

* Only after obtaining written permission to contact from NCAA or NAIA institution