Spot the Violation

The Albany football team is playing on the road this weekend against a top ranked team. The producers of the UAlbany Weekly Coaches' Radio Show would like to interview a highly touted recruit that lives in the locale of Albany’s opponent.

If the coach does not participate in that portion of the radio show, is it permissible to interview the recruit during the show?

Answer on next page.

Bylaw Review: Nutritional Supplements

As we have opted in to Autonomy proposal 2016-32, it is now permissible to provide protein supplements with single, whole protein sources to our student-athletes. If the supplement lists additional impermissible ingredients that supplement would be impermissible. Some of those impermissible ingredients are:

- Amino Acids
- Chondroitin
- CLA
- Creatine
- Fish Oil
- Melatonin
- Carnitine
- Ginseng
- Glucosamine
- Ginkgo biloba

Walk-On/Roster Additions

If you are looking to have walk-on tryouts remember to follow all steps listed on page 25-26 in your UAlbany Compliance Manual. The forms can also be found online in the compliance section of the UAlbany Athletics website.

All other questions please feel free to consult the Office of Compliance Services.

New Legislation

With the August 1 effective date passed, several new proposals have gone into effect for the 17-18 academic year. Here are a few of note to be aware of:

- **Proposal 2016-28**: Permits on-campus contact between former student-athletes and PSAs.
- **Proposal 2016-32**: Permits calls/texts to a PSA on an unofficial visit beginning the day prior to the visit through the conclusion of the visit.
- **Proposal 2016-45**: Permits off-campus contact during an unofficial visit within a 1-mile boundary of the campus.
- **Proposal 2017-12**: Permits student-athletes in the sports of baseball, lacrosse and softball to compete in fall competition without using a season of eligibility.
ARMS Tip
Coaches have the ability to email student-athletes who have outstanding forms directly from the Forms Hub screen by selecting All Forms, filtering out by form name, filtering out by Awaiting Completion, select the athlete or athletes to email by checking the box and clicking send email from the menu button.

ARMS Forms Reminders
Please be sure to have all forms from last year completed, as well as, those for the start of the year. These include:
- Post-Official Visit Forms
- Post Camp/clinic Forms
- Club Team Registration Forms
- Declaration of Playing Season
- Declaration of Coaching Staff
- Complimentary Admissions Affirmation
- Outside Income & Certification of Compliance

Spot the Violation Answer:
No. Bylaw 13.10.2.2 states that a member institution shall not permit a prospective student-athlete or a high school, college preparatory school or two-year college coach to appear, be interviewed or otherwise be involved (in person or via film, audio tape or videotape) on:
(a) A radio or television program conducted by the institution's coach;
(b) A program in which the institution's coach is participating; or
(c) A program for which a member of the institution's athletics staff has been instrumental in arranging for the appearance of the prospective student-athlete or coach or related program material.

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