

# **UNIVERSITY AT ALBANY**

## **GREAT DANE CLASSIC**

**SATURDAY, JANUARY 13, 2018**  
**OCEAN BREEZE TRACK & FIELD CENTER**  
**10:30 AM – 8:00 PM**

### **Final**

**Order of Events – All events are Women followed by men fast to slow except where noted**

**Track 10:30 am start \*\* (All events - women/men except HH Final –women/men)**

**Meet will run on schedule through 5,000m**

10:30 am	60 HH – Open	W	Final
	60 HH – Invitational	W	Prelim – Top 32 verified Seeds
	60 HH – Open	M	Final
	60 HH – Invitational	M	Prelim – Top 32 verified Seeds
11:15 am	60m – Open	W	Final
	60m – Invitational	W	Prelim – Top 32 verified Seeds
	60m – Open	M	Final
	60m – Invitational	M	Prelim – Top 32 verified Seeds
12:00 pm	60 HH – Invitational	M/W	Final – Top 8 times from Prelims
12:10 pm	60m – Invitational	W/M	Final – Top 8 times from Prelims
12:15 pm	5,000m	W/M	Final – One Section each
Rolling	One Mile Run	W/M	Final
Schedule	400m	W/M	Final
	500m	W/M	Final
	800m	W/M	Final
	1,000m	W/M	Final
	200m	W/M	Final
	3,000m	W/M	Final
	4x400m relay	W/M	Final
	4x800m relay	W/M	Final – One Section each

### **Field Events (women then men except for High Jump, Long Jump, & Triple Jump)**

10:30 am	Women's Weight Throw (men – 45 minutes upon completion of women)
10:30 am	Women's Pole Vault (men – 1 hour after Women's Pole Vault)
10:30 am	Both Men's & Women's Long Jump (dual pits) *Women will compete on pit closest to track *Men will compete on pit closest to sprint straight-a-way
TBD	Both Men's & Women's Triple Jump (dual pits) (45 minutes after Long Jump) *Women will compete on pit closest to track *Men will compete on pit closest to sprint straight-a-way
TBD	Both Men's & Women's High Jump (dual pits) (45 minutes after Men's Triple Jump)
TBD	Women's Shot Put (Women followed by Men) (45 minutes after Men's Weight)

**\*\*All times are approximate – an updated time schedule will be sent after entries are complete.**

All Final running events are run **fast to slow**.

## Additional Meet information

**Implement weigh-in:** Facility opening-12:00 pm by the throws cage

**Throws/Horizontal Jump Warm-ups:** First 15 minutes general warm-ups than 15 minutes prior to current flight

### **Throws order - 1st legal throw will be measured**

Women's Weight Throw – Minimum measurement – 12.75m – **1<sup>st</sup> Throw is @ 10:30 am**  
Men's Weight Throw - Minimum measurement – 14.00m – **1<sup>st</sup> Throw 45 min after women's weight**  
Women's Shot Put – Minimum measurement – 12.00m – **1<sup>st</sup> Throw 45 min after men's weight**  
Men's Shot Put – Minimum measurement – 14.00m – **1<sup>st</sup> Throw 45 min after women's shot put**  
**15 minute general warm-up – followed by 15 minute warm-up for 1<sup>st</sup> flight, 15 minute warm-up for 2<sup>nd</sup> flight, 10 minute warm-up prior to final – finals will be contested in long cage**

### **Horizontal Jumps - 1st legal jump will be measured**

Long Jump – **1<sup>st</sup> Jump is @ 10:30 am** (Men and women compete at the same time on dual pits)  
Minimum measurements: Women – 5.30m  
Men – 6.50m

Triple Jump – **1<sup>st</sup> Jump is 45 minutes after Long Jump** (Men and women compete at the same time on dual pits)

Minimum measurements: Women – 11.00m  
Men – 13.50m

**15 minute general warm-up – followed by 15 minute warm-up for 1<sup>st</sup> flight, 15 minute warm-up for 2<sup>nd</sup> flight, 10 minute warm-up prior to final**

### **Vertical Jumps (Progressions are based on 2018 IC4A/ECAC Qualifying Standards)**

Women's Pole Vault (Women – runway opens at 11:30 am) – **1<sup>st</sup> Vault is @ 10:30 am**  
Men's Pole Vault (Men – runway opens at 4:00 pm) – **1<sup>st</sup> Vault is 1 hour after Women's PV**  
Height Progressions: Women – 3.00, 3.15, 3.30, 3.45, **3.60**, 3.75, 3.85, 3.95, 4.05, 4.15, 4.25, etc.  
Men – 4.20, 4.35, 4.50, 4.65, **4.80**, 4.95, 5.05, 5.15, 5.25, 5.35, 5.45, etc.

High Jump (Women & Men) (Dual pits) – **1<sup>st</sup> Jump is 45 minutes after Men's Triple Jump**

Height Progressions: Women – 1.55, 1.60, 1.65, **1.70**, 1.75, 1.78, 1.81, 1.84, 1.87, 1.90, etc.  
Men – 1.89, 1.94, 1.99, **2.04**, 2.09, 2.14, 2.19, 2.22, 2.25, 2.28, etc.

### **Admittance for spectators:**

Adults - \$10.00

Students and children - \$5.00

Children under 12 - Free