2018 WINTER HITTING AND PITCHING CLINICS

Join the University at Albany Women’s softball team for our annual Winter hitting and pitching clinics! These clinics are designed for players of all skill levels ages 8 to 17. Through a series of drills and techniques, our goal is to provide a solid skill foundation for young athletes and increase the level of play for advanced players. There will be a 1:2 instructor-athlete ratio for hitting lessons, and 1:3 ratio for pitchers. All athletes will be separated by age and skill level.

Clinics will be held at the University at Albany Bubble/Gym on January 21, 28 & February 4, 11 at the times below. Pitching and hitting clinics are separate from each other, but you may register for both.

<table>
<thead>
<tr>
<th>Pitching Times</th>
<th>Hitting Times</th>
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<tbody>
<tr>
<td>9:00am-10:00am</td>
<td>10:00am-11:00am</td>
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<td>10:00am-11:00am</td>
<td>11:00am-12:00pm</td>
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<td>11:00am-12:00pm</td>
<td>12:00pm-1:00pm</td>
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The cost is $120 for one session on each of the 4 Sundays. Register for both pitching and hitting and receive a $10 discount. Admission is $35 per session.

Bring sneakers, your glove, a bat for hitting and a catcher for pitchers.

Clinicians:
- Pitching Coach Jack Coons
- Hitting Coach Joe Reardon
- Head Coach Chris Cannata
- Assistant Coach Kate Gentile

2017-2018 UAlbany student-athletes

To register please return ALL forms with payment made out to University at Albany and mail to:

University at Albany softball office- PE 123 * 1400 Washington Avenue * Albany, NY 12222

Chris Cannate
Head Coach
ccannata@albany.edu

www.ualbanysports.com

- Regional Finalists: 2007 –
2018 WINTER HITTING AND PITCHING CLINICS

First Name__________________________________ Last Name__________________________________
Age_________ Grade_______ Street___________________________________________________________
City___________________________________________ State_________ Zip___________________________
Telephone_______________________________________ Email _______________________________________
Position________________________________________ Team__________________________________________

Select your 1st and 2nd choice from the sessions below, by placing a "1" and a "2" next to your desired
time slots (hitting sessions fill up quickly). Priority for sessions will be given to those that sign up for all 3
clinics. If you’re signing up for pitching and hitting, please select a 1st and 2nd choice for each.

PITCHING - $35.00            HITTING - $35.00
9:00AM_______       10:00AM______
10:00AM_______       11:00AM______
11:00AM_______       12:00pm______

Circle Dates Attending:  1/21  1/28  2/4  2/11

University at Albany Fall Softball Clinics
Release and Waiver of Liability

I, ____________________________, understand that participating in the UAlbany Fall Softball Clinic is a potentially
hazardous activity. I know that I should not participate in these Clinics unless I am medically able and properly
trained.

I assume all risks associated with participating in this event, including, but not limited to: falls, contact with other
participants, faulty equipment, and all other such risks being known to me and appreciated by me.

Having read this Release and Waiver of Liability, and knowing these facts, and in consideration of the University at
Albany accepting my entry to participate in the UAlbany Fall Softball Clinic (hereinafter the “Event”) to be held on
January 21, January 28, February 4 and February 11 at the University at Albany Campus, Albany, New York,
I, intending to be legally bound, do hereby for myself, my heirs, my executors and my administrators agree
as follows:

1. I do waive and forever release any and all rights and claims for any damages and liabilities of any kind arising out
   of participation in the Event against all persons, entities and agencies involved with promoting and holding the Event,
   including but not limited to the State of New York, the University at Albany and their officers, directors, employees,
   servants, volunteers and agents.

2. I assume the risk of all bodily injuries, including death, resulting there from, and personal injuries to me and
damage to and loss of my property, including loss of use thereof, and any other indirect or consequential damages,
resulting directly or indirectly from my participation in this Event and while traveling to and from this Event.

3. I hereby agree, for myself and/or for a minor under the age of eighteen for whom I am signing, to indemnify,
defend and hold harmless the entities named above from and against any and all claims, liabilities, losses, damages,
costs, expenses (including attorney’s fees), judgments, and penalties arising out of any of my, and/or said minors,
acts or omissions to act.

Date: ____________________________________________ (Sign Name of Participant)

(Sign Name of Parent)