



Hoop Group Skills Camp

Typical Day

7:15am	Early Bird Skills and Drills Skills Director Joe Gutowski	Gym
7:45am	Wake Up	
8:15am	Breakfast	Dining Hall
8:50am	Staff Meeting	Main Courts
9:00am	Attendance and stretch	Main Courts
9:10am-10:40am	Skill Development Workouts I	Main Courts/Gym/Lake
10:50am	4-Dribble Max Games (NBA & Big East) Ct. 1 OKC vs Bulls Ct. 2 Knicks vs Lakers Ct. 3 Spurs vs Cavs	Main Courts/Gym/Lake Ct. 6 Villanova vs Xavier Ct. 7 Seton Hall vs St Johns
11:50am	4-Dribble Max Games (SEC & ACC) Ct. 1 Georgia vs Vandy Ct. 2 Kentucky vs LSU Ct. 3 Florida vs Alabama	Main Courts/Gym/Lake Lake Miss vs Auburn Ct. 6 UNC vs Duke Ct. 7 Syracuse vs Wake
1:00pm	Lunch	Dining Hall
1:30pm	Staff Meeting	White House Lawn
1:45pm	Lecture/Contests	Gym
2:30pm	Team Practice-SEC & ACC ACC-Lake & Shade SEC-Gym & Ct. 8 & Ct. 9	Gym/Lake/Shade/Ct. 8 & 9
2:30pm-5:00pm	Swimming	Pool
2:50pm	Team Practice-NBA & Big East NBA-Main Courts Big East-Gym	Main Courts/Gym
3:15pm	Zone Games(NBA & Big East) Ct. 1 OKC vs Spurs Ct. 2 Lakers vs Cavs Ct. 3 Knicks vs Bulls	Ct. 6 Villanova vs St Johns Ct. 7 Xavier vs Seton Hall
4:15pm	Zone Games(ACC & SEC) Ct. 1 Florida vs Miss Ct. 2 Kentucky vs Auburn	Lake Georgia vs LSU Ct. 6 UNC vs Wake



5:15pm	Dinner	Dining Hall
6:00pm	Staff Games	Main Courts
6:30pm-7:50pm	Skill Development Workouts II	Main Courts/Gym/Lake
8:00pm	Man-to-Man Games (NBA & Big East) Ct. 1 Knicks vs Cavs Ct. 2 Bulls vs Spurs Ct. 3 Lakers vs OKC	Main Courts & Gym Ct. 6 Villanova vs Seton Hall Ct. 7 Xavier vs St Johns
9:00pm	Man-to-Man Games (SEC & ACC) Ct. 1 LSU vs Auburn Ct. 2 Vandy vs Miss Ct. 3 Kentucky vs Florida	Main Courts/Gym/Lake Lake Georgia vs Alabama Ct. 6 UNC vs Syracuse Ct. 7 Wake vs Duke
10:00pm	Court Lights Out	
10:45pm	Lights Out	

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